

---

---

## The Elizabeth Fry Society

is actively recruiting people who are interested in volunteering their time and talent to become members of our Board of Directors

Could this rewarding experience be right for you? Why not explore the possibilities?

### Responsibilities of a Board Member include:

*\*Having a commitment to and understanding of the purpose, policies and programs of the Society*

*\*Representing the Society within the community*

*\*Attending monthly meetings*

*\*Participating in working groups and committees*

*\*Supporting and participating in fund- raising endeavors*



---

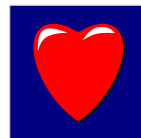
---

### Committees opportunities:

- \* Social Justice Committee
- \* Affordable Housing Committee
- \* Financial & Fund-raising Committee
- \* Personnel Committee
- \* Governance Committee

*We provide advocacy and support and offer the following programs and services to all women in the community:*

- ★ *Outreach services that provide services for both women in the community and for federally and provincially sentenced women.*
- ★ *A Drop-In Centre that includes an emergency food bank and a clothing depot*
- ★ *Personal Development Workshops that include Anger Management, Healthy Relationships, Personal Boundaries, Conflict Management and Relapse Prevention*
- ★ *Addiction Prevention Support Services*
- ★ *Volunteer Programs and Services*
- ★ *On going support services in a safe, non-threatening environment*



---

---

**Would you like to increase your community commitment by becoming part of the Elizabeth Fry Society as a member of our Board of Directors?**

**Get in touch with us to explore the possibilities ..**



**FOR MORE INFORMATION**

**PLEASE PHONE**

**454-5041**

visit our website @  
[www.efrynovascotia.com](http://www.efrynovascotia.com)

---

---

**OUR MISSION STATEMENT:**

Our Society continues to work with, and on behalf of, women in conflict with the law by:

Responding to the needs of women in prison

Developing programs and services in the community for women who have been charged with offences and women at risk of coming into conflict with the law

Encouraging public awareness and understanding of issues related to women in conflict with the law

Lobbying for the improvement of conditions for women in local penal institutions

Lobbying for changes in the criminal justice system

**Elizabeth Fry Society of  
Mainland Nova Scotia**  
1 Tulip St.  
Dartmouth, Nova Scotia  
B3A 2S3

Phone: 454-5041

Fax: 455-5913

email: [efrymain@efrynovascotia.com](mailto:efrymain@efrynovascotia.com)

**visit our website @  
[www.efrynovascotia.com](http://www.efrynovascotia.com)**

---

---

**PLEASE HELP US HELP!!**

*Support Us:* As a non-profit organization we need donations and community support. All donations are tax-deductible. Also you can have planned giving in your will.

*Become a Volunteer:* From our Management Team (Board) to the One-to-One Program; volunteers are essential.

*Help us to Educate Others:* If you belong to a local organization or club, invite us to speak at your next meeting.

*Take Out a Membership:* You will receive newsletters and a vote at the annual general meeting.

**Membership Application**

\_\_\_\_\_  
**Name**

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**Postal Code**

\_\_\_\_\_  
**Phone Number**

**Waged \$25** \_\_\_\_\_ **Unwaged \$5** \_\_\_\_\_

**Group \$50** \_\_\_\_\_ **Corporate \$100** \_\_\_\_\_

**Sustaining \$100** \_\_\_\_\_

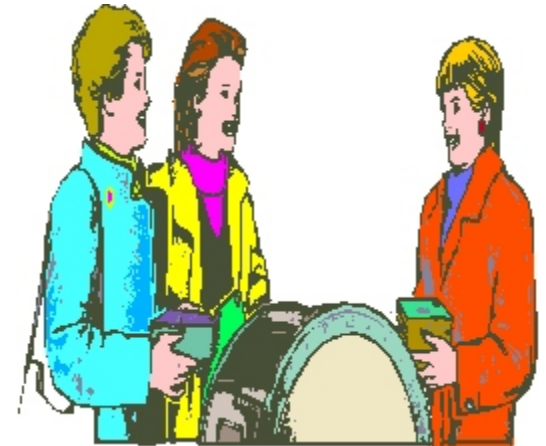
\* I do not wish to become a member, but would like to make a donation \_\_\_\_\_

---

---

**THE ELIZABETH FRY SOCIETY OF  
MAINLAND NOVA SCOTIA**

**Board Member  
Recruitment**



*A Rewarding Opportunity...  
To Play a Vital role in your  
Community*